



CURRICULUM STATEMENT FOR PHYSICAL EDUCATION

AIMS

Through our Physical Education provision at Lytham Church of England Primary School we aim to allow our children to experience a wide range of games, sports and other physical activities in order to promote health and wellbeing and a love of physical activity. Through these experiences, they will develop skills that can be applied across a wide range of experiences. It is our aim to foster a knowledge of, and enthusiasm for, the importance of physical activity and exercise and understand the positive impact it can have on both physical and mental health. Our aims for PE are all underpinned by our Christian Values which are: Service; Faith; Determination; Love; Honesty; Friendship; Thankfulness; Respect and Forgiveness.

The PE leader is Mrs C. Allison.

Intent

At Lytham Church of England Primary School, we strive to create a culture which aims to inspire an active generation to enjoy PE, encourage each other and achieve. We aim to provide a safe and supportive environment for children to flourish in a range of different physical activities which is essential in supporting their physical, emotional, spiritual, social, and moral development.

We offer a dynamic, varied and stimulating program of activity to ensure that all children progress physically through a stimulating, unique and fully inclusive PE curriculum supported by the Lancashire Primary PE Passport App. We aim to ensure that all children can enjoy being physically active, maintain a healthy lifestyle and using the medium of sport, increase their self-esteem. We hope that through physical activity and education that the children adopt a positive mind-set and believe that anything can be achieved with determination and resilience. This is underpinned by our curriculum which aims for: -

- Pupils learn to apply and develop a range of skills to enable them to become successful games players, dancers, gymnasts, and athletes. Their experiences will also be enriched through opportunities for outdoor and adventurous activities.
- Learning how to compare and comment on skills, techniques, and ideas that they and others have used.
- They will be taught how to use their observations to analyse and evaluate the work of a partner, offering praise and a suggestion for improvement.
- Learning the importance of physical activity on their health and how to make healthy life choices which will lead to living a healthy and active life.

- Composing their own dances in a creative, controlled

and imaginative way.

- Performing to an accompaniment, expressively and sensitively.

Furthermore, the children are taught to observe and produce the conventions of fair play, honest competition and good sporting behaviour as individual participants, team members and spectators. Thus, embedding life-long values such as co-operation, collaboration and equity of play.

Finally, our PE Curriculum, along with PSHE and Science, aims to teach the children about the importance of healthy living. At Lytham, we aim for children to develop the necessary knowledge and skills which will have a positive impact on their future by becoming physically active citizens to benefit their long-term health and wellbeing.

Implementation

At Lytham Church of England Primary School, we aim to provide all our pupils with: -

A Broad and Balanced Curriculum. We aim to provide a broad and balanced curriculum which includes comprehensive coverage of the National Curriculum for Physical Education in EYFS, KS1 and KS2. This is done through the Lancashire Scheme of Work and the Primary PE Passport.

Cross curriculum links. Where possible, links will be made to current topics, which will engage pupils and make their learning relevant. Especially during major sporting events.

Daily Physical Activity/Active Learning. We aim to embed a minimum 30 minutes of physical activity throughout the school day in addition to our P.E. lessons and are striving to extend this to 60 minutes. We aim to make lessons active, where possible and additionally the children may have 'brain breaks' throughout the school day through initiatives such as the active mile. We also provide the children with opportunities to be physically active at break and lunchtimes by training our welfare staff and providing sporting equipment. Groups of our upper KS2 children plan and deliver physical activities at lunchtimes for our KS1 children. In KS1, we also encourage the use of our trim trail to aid further gross motor development.

Extra Curricular Activities. We offer a range of clubs. These range from traditional sports such as Football, Rugby and Netball to other non-competitive sports such as Yoga. We also offer opportunities for a range of activities provided by qualified coaches including Fencing, Archery, Cricket and Ju Jitsu.

Competition. Our children are encouraged to work to their personal best within the PESSPA framework (Physical Education, School Sport, Physical Activity). Our pupils have the opportunity to represent the school in a range of physical activities. Some of these activities are competitive team or individual competitions and others are festivals.

Swimming We offer additional opportunities for our children to experience swimming from Year 4 to Year 6. Our aim is to provide those early experiences to engage children from a young age, allowing them to build confidence in water and their knowledge of water safety. These are important life skills which will keep them safe but hopefully foster a positive and active lifestyle.

Impact	<p>Pupils will leave Lytham Church of England Primary School as skilful and intelligent performers but also with an awareness and passion to be physically active.</p> <p>They will have the ability to select and apply skills, tactics, and compositional ideas to suit activities that need different approaches and ways of thinking. They will set targets for themselves and compete against others.</p> <p>They will understand what it takes to persevere, succeed, and acknowledge others' success. They will take the initiative, lead activities and focus on improving performances. They will have the competence to excel in a broad range of physical activities.</p> <p>They will lead healthy and active lives and make positive life choices. They will have positive attitudes towards participation in physical activity and embed values such as fairness and respect.</p>
Coverage and Progression	<p>Clear progression has been mapped out for Physical Education in the National Curriculum to ensure that the children develop skills which can be applied across a range of physical and sporting activities. Our curriculum map has been linked to the Lancashire Scheme of Work and PESSPA event programme to provide opportunities for identification of talent and subsequently provide opportunities to represent the school in events.</p>
Assessment	<p>Pupils' attainment in PE is assessed during individual lessons via the Lancashire Primary PE Passport App and tasks are altered to provide challenge or further assistance as required. Each lesson is part of a series which link to develop the core skills being covered.</p> <p>Throughout lessons and at the end of a units, assessment is carried out in several ways. Using the PE Passport App video and photographic evidence is taken at the start, middle and end of units. This evidence helps to inform the outcomes for individuals at the end of lessons and whole units.</p>