

# Lytham C of E Primary School – Yearly Overview

	Autumn Term 1	Autumn Term 2	Spring Term 1	Spring Term 2	Summer Term 1	Summer Term 2
<b>R</b>	<p><b>COVERED THROUGHOUT THE YEAR IN PERSONAL, SOCIAL AND EMOTIONAL / KEY WORKER TIME</b></p> <p><b>PSED Managing feelings and behaviour:</b> Children talk about how they and others show feelings, talk about their own and others' behaviour, and its consequences, and know that some behaviour is unacceptable. They work as part of a group or class, and understand and follow the rules. They adjust their behaviour to different situations, and take changes of routine in their stride.</p> <p><b>Self-confidence and self-awareness:</b> Children are confident to try new activities, and say why they like some activities more than others. They are confident to speak in a familiar group, will talk about their ideas, and will choose the resources they need for their chosen activities. They say when they do or don't need help.</p> <p><b>Making relationships:</b> Children play co-operatively, taking turns with others. They take account of one another's ideas about how to organise their activity. They show sensitivity to others' needs and feelings, and form positive relationships with adults and other children.</p> <p><b>PD Health &amp; self-care:</b> Children know the importance for good health of physical exercise, and a healthy diet, and talk about ways to keep healthy and safe. They manage their own basic hygiene and personal needs successfully, including dressing and going to the toilet independently.</p> <p><b>U+W People and communities:</b> Children talk about past and present events in their own lives and in the lives of family members. They know that other children don't always enjoy the same things, and are sensitive to this. They know about similarities and differences between themselves and others, and among families, communities and traditions.</p>					
<b>y1</b>	<p><b>Living in the wider world</b></p> <p>How can we look after each other and the world?</p> <ul style="list-style-type: none"> <li>• <i>Ourselves and others</i></li> <li>• <i>the world around us</i></li> <li>• <i>caring for others</i></li> <li>• <i>growing and changing</i></li> </ul>	<p><b>Relationships</b></p> <p>What is the same and different about us?</p> <ul style="list-style-type: none"> <li>• <i>Ourselves and others</i></li> <li>• <i>similarities and differences</i></li> <li>• <i>individuality</i></li> <li>• <i>our bodies</i></li> </ul>	<p><b>Health and wellbeing</b></p> <p>Who helps us to stay safe?</p> <ul style="list-style-type: none"> <li>• Keeping safe</li> <li>• people who help us</li> </ul>	<p><b>Health and wellbeing</b></p> <p>What helps us stay healthy?</p> <ul style="list-style-type: none"> <li>• <i>Being healthy</i></li> <li>• <i>Hygiene</i></li> <li>• <i>Medicines</i></li> <li>• <i>people who help us with health</i></li> </ul>	<p><b>Relationships</b></p> <p>Who is special to us?</p> <ul style="list-style-type: none"> <li>• <i>Ourselves and others</i></li> <li>• <i>people who care for us</i></li> <li>• <i>groups we belong to</i></li> <li>• <i>families</i></li> </ul>	<p><b>Living in the wider world</b></p> <p>What can we do with money?</p> <ul style="list-style-type: none"> <li>• <i>Money</i></li> <li>• <i>making choices</i></li> <li>• <i>needs and wants</i></li> </ul>
<b>y2</b>	<p><b>Relationships</b></p> <p>What makes a good friend?</p> <ul style="list-style-type: none"> <li>• <i>Friendship</i></li> <li>• <i>feeling lonely</i></li> <li>• <i>managing arguments</i></li> </ul>	<p><b>Relationships</b></p> <p>What is bullying?</p> <ul style="list-style-type: none"> <li>• <i>Behaviour</i></li> <li>• <i>bullying</i></li> <li>• <i>words and actions</i></li> <li>• <i>respect for others</i></li> </ul>	<p><b>Health and wellbeing</b></p> <p>What helps us to stay safe?</p> <ul style="list-style-type: none"> <li>• <i>Keeping safe</i></li> <li>• <i>recognising risk</i></li> <li>• <i>rules</i></li> </ul>	<p><b>Health and wellbeing</b></p> <p>How do we recognise our feelings?</p> <ul style="list-style-type: none"> <li>• <i>Feelings</i></li> <li>• <i>Mood</i></li> <li>• <i>times of change</i></li> <li>• <i>loss and bereavement</i></li> <li>• <i>growing up</i></li> </ul>	<p><b>Health and wellbeing</b></p> <p>What can help us grow and stay healthy?</p> <ul style="list-style-type: none"> <li>• <i>Being healthy</i></li> <li>• <i>eating, drinking, playing and sleeping</i></li> </ul>	<p><b>Living in the wider world</b></p> <p>What jobs do people do?</p> <ul style="list-style-type: none"> <li>• People and jobs</li> <li>• Money</li> <li>• role of the internet</li> </ul>

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<b>y3</b>	<b>Relationships</b>  How can we be a good friend? <ul style="list-style-type: none"> <li>• <i>Friendship</i></li> <li>• <i>Making positive friendships</i></li> <li>• <i>Managing loneliness</i></li> <li>• <i>Dealing with arguments</i></li> </ul>	<b>Relationships</b>  What are families like? <ul style="list-style-type: none"> <li>• <i>Families</i></li> <li>• <i>Family life</i></li> <li>• <i>Caring for each other</i></li> </ul>	<b>Health and wellbeing</b>  What keeps us safe? <ul style="list-style-type: none"> <li>• <i>Keeping safe</i></li> <li>• <i>recognising risk</i></li> <li>• <i>rules</i></li> </ul>	<b>Health and wellbeing</b>  Why should we eat well and look after our teeth? <ul style="list-style-type: none"> <li>• <i>Being healthy</i></li> <li>• <i>Eating well</i></li> <li>• <i>Dental care</i></li> </ul>	<b>Health and wellbeing</b>  Why should we keep active and sleep well? <ul style="list-style-type: none"> <li>• <i>Being healthy</i></li> <li>• <i>Keeping active</i></li> <li>• <i>Taking rest</i></li> </ul>	<b>Living in the wider world</b>  What makes a community? <ul style="list-style-type: none"> <li>• <i>Community</i></li> <li>• <i>Belonging to groups</i></li> <li>• <i>Similarities and differences</i></li> <li>• <i>Respect for others</i></li> </ul>
<b>y4</b>	<b>Living in the wider world</b>  How can our choices make a difference to others and the environment? <ul style="list-style-type: none"> <li>• <i>Caring for others</i></li> <li>• <i>The environment; people and animals</i></li> <li>• <i>Shared responsibilities, making choices and decisions</i></li> </ul>	<b>Relationships</b>  How do we treat each other with respect? <ul style="list-style-type: none"> <li>• <i>Respect for self and others</i></li> <li>• <i>Courteous behaviour</i></li> <li>• <i>Safety;</i></li> <li>• <i>Human rights</i></li> </ul>	<b>Health and wellbeing</b>  How can we manage risk in different places? <ul style="list-style-type: none"> <li>• <i>Keeping safe; out and about;</i></li> <li>• <i>Recognising and managing risk</i></li> </ul>	<b>Health and wellbeing</b>  How can we manage our feelings? <ul style="list-style-type: none"> <li>• <i>Feelings and emotions</i></li> <li>• <i>Expression of feelings</i></li> <li>• <i>Behaviour</i></li> </ul>	<b>Health and wellbeing</b>  How we will grow and change? <ul style="list-style-type: none"> <li>• <i>Growing and changing</i></li> <li>• <i>Puberty</i></li> </ul>	<b>Health and wellbeing</b>  What strengths, skills and interests do we have? <ul style="list-style-type: none"> <li>• <i>Self-esteem</i></li> <li>• <i>Self-worth</i></li> <li>• <i>Personal qualities</i></li> <li>• <i>Managing set back</i></li> </ul>
<b>y5</b>	<b>Health and wellbeing</b>  What makes up our identity? <ul style="list-style-type: none"> <li>• <i>Identity</i></li> <li>• <i>Personal attributes and qualities</i></li> <li>• <i>Similarities and differences</i></li> <li>• <i>Individuality</i></li> <li>• <i>Stereotypes</i></li> </ul>	<b>Health and wellbeing</b>  How can we help in an accident or emergency? <ul style="list-style-type: none"> <li>• <i>Respect for self and others</i></li> <li>• <i>Courteous behaviour</i></li> <li>• <i>Safety;</i></li> <li>• <i>Human rights</i></li> </ul>	<b>Relationships</b>  How can friends communicate safely? <ul style="list-style-type: none"> <li>• <i>Friendship</i></li> <li>• <i>Relationships</i></li> <li>• <i>Becoming independent</i></li> <li>• <i>Online safety</i></li> </ul>	<b>Health and wellbeing</b>  How can drugs common to everyday life affect health? <ul style="list-style-type: none"> <li>• <i>Drugs, alcohol and tobacco</i></li> <li>• <i>Healthy habits</i></li> </ul>	<b>Living in the wider world</b>  What decisions can people make with money? <ul style="list-style-type: none"> <li>• <i>Money</i></li> <li>• <i>Making decision</i></li> <li>• <i>Spending and saving</i></li> </ul>	<b>Living in the wider world</b>  What jobs would we like? <ul style="list-style-type: none"> <li>• <i>Careers</i></li> <li>• <i>Aspirations</i></li> <li>• <i>Role models</i></li> <li>• <i>The future</i></li> </ul>

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	Autumn Term	Spring Term	Spring Term 1
Y6	<p><b>Health and wellbeing</b></p> <p>How can we keep healthy as we grow?</p> <ul style="list-style-type: none"> <li>• <i>Looking after ourselves</i></li> <li>• <i>Growing up</i></li> <li>• <i>Becoming independent</i></li> <li>• <i>Taking more responsibility</i></li> </ul>	<p><b>Living in the wider world</b></p> <p>How can media influence people?</p> <ul style="list-style-type: none"> <li>• Media literacy and digital resilience</li> <li>• Influences and decision making</li> <li>• Online safety</li> </ul>	<p><b>Relationships</b></p> <p>How do friendships change as we grow?</p> <ul style="list-style-type: none"> <li>• <i>Different relationships</i></li> <li>• <i>Changing and growing</i></li> <li>• <i>Adulthood</i></li> <li>• <i>Independence</i></li> <li>• <i>Moving to secondary school</i></li> </ul>