



LYTHAM CHURCH of ENGLAND PRIMARY SCHOOL

Park View Road, LYTHAM, Lancashire, FY8 4HA. Telephone: (01253) 736900

Headteacher: Mrs A Wooldridge

Working with you and your family

At Lytham Church of England Primary school we recognise the challenges that families face in bringing up children. Family life can be complicated and sometimes you may need some support. If you have a problem at home, please get in touch – we can support you in lots of ways.

What is early help?

Early help means providing support to our children and families as soon as an issue emerges, at any point in a child's life.

There are many ways in which we can help as outlined in our offer of early help below.

Support for families may include:

- Advice and support to promote good attendance
- Liaising with external services e.g. Housing, Women's Aid, Children and Family Wellbeing Service and Children Social Care.
- Support during appointments and in meetings.
- Help to complete paperwork and forms e.g. court appearances, housing, school letters, grant applications and benefits.
- Referrals to outside health agencies e.g. Continence service, Paediatric Learning Disability Team and Speech and Language Therapists.
- Emotional support for parents and emotional wellbeing signposting
- Information on local specialist training events linked to additional needs through the termly SEND newsletter
- SEND parent drop ins
- School nurse support
- Early Help Assessment which may involve support from external agencies
- Coastal Collective Family Hub support



e-mail: office@lytham.lancs.sch.uk

- Providing information and signposting to other services in your local area e.g Family Hub drop-in mornings, Messy Play
- Food Bank voucher and signposting to other agencies e.g. Homestart
- HAF (free school holiday club codes) requested specifically for those in need but not eligible for free school meals

Support for children whilst in school may include:

- Sensory circuits
- Zones of regulation
- Inside out programme or Colourful footsteps run through CFWS (Children and Family Wellbeing Service)
- Healthy wellbeing champions
- Lunchtime nurture clubs
- Bespoke learning interventions
- Pre loved uniform
- Meet and greet with trusted adult in school
- Additional transition support
- Extra-curricular clubs
- Life Education visits linked to anti bullying, online safety and positive, healthy relationships
- School nurse support
- Emotional wellbeing first aid and signposting
- Social communication and Social Story sessions
- Talk together programme, Lego therapy through referral to Coastal Collective
- NEST (children's service for domestic abuse)

Why would I request early help?

There are lots of reasons why people look for early help. It could be that you're worried about your child's health, development or behaviour, or how they're doing at school. It may be that you're worried about money or housing and how that is affecting your family. Maybe your child or family is affected by domestic abuse, drugs, alcohol, or crime. Perhaps your child is a carer for their SEND sibling, or maybe you've had a bereavement in the family that's made life a challenge. Whatever the concern, it's okay to ask for help.

Where can I get early help?

If you feel you and your family might need support to solve some problems, please do not hesitate to contact me (Mrs Reams) via the school office.

What will happen when I ask for early help?

I will give you a call to arrange for you to come into school and we can then talk about the things you're experiencing. We will identify the strengths, what's working well and then what help and support you think you might need. This is called an early help assessment.

Early help assessment is nothing to be worried about. It's just a conversation to work out how to help you determine what it is you feel you need support with and how this can be done. It's important to talk about things that are going well and things that you're proud of as well as things that you're finding a challenge. The Family Radar is a tool that we can use which may help you think about the priorities, areas where your family are thriving and where you feel you need the additional support.

We will also discuss your child or children in your family and the best way to gather their voice to make sure they understand how they are feeling and anything they think they might want some help with.

What happens next will be different for every family.

If an Early Help assessment is something you want and actions are identified we will then call Team Around the Family (TAF) meetings. Again this is nothing to be worried about. It just ensures we have a regular meeting with all professionals involved to get the best outcome for the family. You have the control over what happens next and can say what you want.

Remember, it's your choice to have Early Help.

For more information on Early Help please click on the Link below

[Lancashire County Council Early Help Assessment](#)