

## Year 2 - Growing and Changing

### Key questions

#### Life Cycles

What helps us to grow?

Who helps us to grow?

What can you do by yourself now?

What are you looking forward to  
when you are 10 years old?

What are you looking forward to  
when you are 21 years old?

#### Dealing With Loss

How does it feel to lose  
something?

How does it feel to say goodbye  
to someone or something for a  
long time?

Can we stay in touch with  
someone? How?

#### Being Supportive

What positive things can we say to  
someone about something they  
have done?

Why is it good to help someone?

What is a good way to help  
someone if they are finding  
something difficult?

### Key vocabulary

supportive    loss    change

food feelings    help

forward    growing

care    goodbye

learning    safe    upset

penis    scrotum    testicles

vulva    vagina

nipples    breast    breastfed

anus    private parts

### I can ...

I can tell you who helps us grow  
(people who look after us) and  
what things I can now do myself  
that I couldn't when I was  
younger.

I can give examples of how it feels  
when you have to say goodbye to  
someone or something (e.g. move  
house).

I can give examples of how to give  
feedback to someone.