

**'Grow in the grace and knowledge of our Lord and Saviour Jesus Christ' 2 Peter 3:18**

Thank you to everyone who brought in an Easter egg for our Easter Bingo! The children are slightly worried that I might eat them before the event!!! It was lovely to see the children enjoying a non-uniform day and showing off their own style.

It's certainly been a packed week. Greg joined our Key Stage 1 children to help them create some fantastic planters, our Reception children led a beautiful worship for their families and the Choir represented us wonderfully at the Lancashire Sing.

Looking ahead, our Year 6 children will be heading off on their residential next week. We hope they have an amazing time making memories, and we can't wait to hear all about their adventures when they return.

## Christian Values FORGIVENESS

In worship this week, we learned about Joseph forgiving his brothers (Genesis 45). Children explored how forgiveness can lift a weight off our hearts, using a "heavy backpack" activity to show how grudges can weigh us down. We talked about how choosing forgiveness helps us build stronger friendships and live more peacefully with others.

Dear God,  
Help us to forgive others even when it's difficult.  
Give us hearts that choose kindness and peace.  
Amen.



## Stars of the Week

- Reception: Williw
- Year 1: Oliver
- Year 2: Oliver
- Year 3: Freyja
- Year 4: Harry J
- Year 5: Alice
- Year 6: Marley

## Parables of the Talent

(Reading)

- Reception: Oliver
- Year 1: Lydia
- Year 2: Charlie
- Year 3: Elena
- Year 4: Maisie
- Year 5: Oscar
- Year 6: Charlie



## Attendance

SCHOOL MINIMUM TARGET: 96.4%  
This week's attendance:

- Reception: 100%
- Year 1: 88.2%
- Year 2: 85.9%
- Year 3: 95%
- Year 4: 98.7%
- Year 5: 93.3%
- Year 6: 95%

An fantastic week of attendance with an overall score of 93.6%. Well done to Reception for winning the Attendance Prize this week!

## Brownies

If any girls in Years 2-4 are interested in attending Brownies, please contact Brown Owl for more details on 07813917193.

## Upcoming Events



16<sup>th</sup> March

Y4 Swimming

Dodgeball After School Club

3:30 - 4:30

17<sup>th</sup> March

Y5/Y6 Football Festival at

Hall Park

18<sup>th</sup> March

KS1 Multiskills 3:30 - 4:30pm

Year 6 Residential to

Lakeside

19<sup>th</sup> March

9am - 11am - Stay and Play

Year 6 Residential to Lakeside

BSYW Easter Workshop

20<sup>th</sup> March

Board Games 3:30 - 4:30pm

KS2 Archery 3:30 - 4:30pm

## Wake Up Wednesday



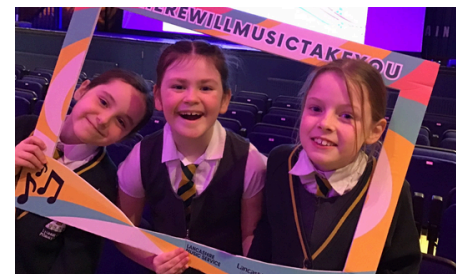
What Parents and Educators Need to Know about Streaming Services

Streaming services have become the go-to entertainment choice for many families, with children often favouring on-demand platforms over traditional television. This edition explores the realities behind these services, from rising subscription costs and advert-supported tiers to the impact of autoplay and endless content libraries on young viewers' screen time and wellbeing.

It also highlights key safeguarding concerns, including age-inappropriate material, binge watching, algorithm-driven recommendations and phishing scams. With clear, practical advice for setting profiles, PINs and time limits – alongside tips for discussing algorithms and stereotypes – this guide supports parents and educators in promoting safer, healthier streaming habits.

## Lancashire Sing!

Our choir walked to Lowther on Tuesday to take part in 'Lancashire Sings'. There are no words to describe how amazing the choir actually were during this event. Watching them sing made me cry as they were absolutely brilliant. The 17 children in this choir are an absolute joy to be with. Their behaviour was exemplary throughout the entire day and they truly were a credit to the school. They have worked so hard to learn all the songs which were not easy and they have given up their own lunch times to practise! So I just need to say a huge thank you to every single one of them for making Tuesday a memorable day! Miss Harter x



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# What Parents & Educators Need to Know about STREAMING SERVICES

Streaming services are platforms that allow users to watch cartoons, documentaries and movies online immediately (often referred to as SVoD: streaming videos on demand). Ofcom reported that children and young adults prefer streaming services to traditional TV. With two-thirds of UK households subscribing to at least one streaming service, parents must understand how to manage screen time, set age restrictions and ensure safe viewing.

## WHAT ARE THE RISKS?

### COSTLY

Subscription services can be costly. As the main source of entertainment, most households have at least one streaming platform, and each platform has its own monthly subscription fee. Services are charging more for ad-free viewing, and better quality and resolution; however, there is a cheaper option with adverts. Due to price increases, Netflix and Disney+ reported a sharp increase in users subscribing to their ad-supported tier in 2025.

### ILLEGAL STREAMING

Sharing passwords or using modified Fire Sticks to access streaming content without permission is illegal. Most streaming services have now put measures in place to detect account sharing. When account sharing is identified, platforms will offer an opportunity to pay for an added member or will ask the user to verify who they are.

### AGE-INAPPROPRIATE CONTENT

Most streaming platforms allow users to set up a profile for each family member, with the option of putting specific restrictions in place. These include adding a profile lock or PIN, controlling autoplay of previews and next episodes, and limiting content based on age ratings. Nonetheless, these restrictions aren't foolproof. Content which is rated as suitable for an age group may still include themes, language, or images which children and families find inappropriate.

### EXCESSIVE SCREEN TIME

Excessive screen time contributes to sedentary behaviour and can negatively impact physical and mental health. Ofcom found that 4- to 15-year-olds averaged 2.5 hours per day across all video-sharing platforms, not including gaming. The vast range of content available, combined with features such as autoplay, makes it easy for children to watch for extended periods of time.

### BINGE WATCHING

Features such as autoplay make it easy for viewers – especially young people – to continue watching episodes without a break. This can foster unhealthy and addictive patterns, such as consuming a vast amount of content in one sitting. With binge watching come a lack of social interaction, lack of physical exercise, and often late nights and sleep disruptions which impact their mental and physical wellbeing.

### HARMFUL STEREOTYPES

Many platforms track viewing habits, time consumed, and preferences, and generate recommendations to encourage your child to keep watching. This results in your child being in a 'loop' whereby they think the 'recommended' shows would be something they would enjoy rather than thinking critically for themselves. This can shape their beliefs, values, and understanding of the world from a young age without even realising it.

## Advice for Parents & Educators

### SET UP INDIVIDUAL PROFILES AND ADD PINS

Almost all streaming services allow users to set up individual profiles where each family member can have age restrictions put in place for the content they can view. Adult profiles can be protected through the use of PIN. Keep this private. Use the options of putting specific restrictions in place such as controlling autoplay of previews and next episodes, and limiting content based on age ratings.

### MONITOR AND TALK OFTEN

Discuss with your child what they are watching, find out which programmes are trending, and watch them yourself. Have a little look at their watch history to check the content of what they're watching. Some platforms have been known to recommend or autoplay older or graphic content after a child's movie has been played. While some tv shows or movies may have a suitable age rating, your child may still find the content scary, or it may explore themes you don't want to explore with your child yet.

### TALK ABOUT ALGORITHMS

Talk to your child about how streaming services track what they watch, and base adverts and recommended shows/movies on previous viewing. Encourage them to critically think about whether the recommendations are suitable and how they want to spend their time. Discuss stereotypes with your child and challenge them to think about what they watch and how this may influence their beliefs.

### SET TIME RESTRICTIONS

Many streaming services offer the opportunity to buy movies, or add additional features to your subscription such as sports channels, as well as play games. This can increase the amount of time young people spend sitting idly in front of the screen. Some platforms (e.g. Apple TV+) allow you to set screen time restrictions. If the streaming service doesn't allow you to set screen time limits, set a family rule and stick to it.

### Meet Our Expert

Dr Claire Sutherland is an online safety consultant, educator, and researcher who has developed and implemented anti-bullying and cyber safety policies for schools. She has written various academic papers and carried out research for the Australian Government, comparing internet use and sexting behaviour of young people in the UK, USA and Australia.



#WakeUpWednesday

The National College

See full reference list on our [website](https://nationalcollege.com)

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# EASTER BINGO

THURSDAY 26TH MARCH

Tickets

£4



Scan to pay

DOORS OPEN 6PM  
FIRST GAME 6:30PM

**OR CLICK HERE!**

<https://buy.stripe.com/eVqbJ1fUT0vGbpL6Moe3e05>

BAR!

PROSECCO ★ BEER

SOFT DRINKS ★ HOT DOGS ★ SNACKS

Remember we're always here to help: [ptfa@lytham.lancs.sch.uk](mailto:ptfa@lytham.lancs.sch.uk)

# School Nursing Team DROP IN

Speak to a member of our school nursing team about various health topics including emotional health, diet, healthy lifestyles, sleep, bed-wetting & constipation, head lice and behaviour.

## When?

20<sup>th</sup> May 2026 @ 9.30am-11:30am

17<sup>th</sup> June 2026 @ 9.30am-11:30am

15<sup>th</sup> July 2026 @ 9.30am-11:30am

## Where?

Oak Tree Children's Centre

Sydney Street

Lytham St Annes

FY8 1TR



Lytham C of E Primary School PTFA

£295.81 raised

38 supporters

## HOW IT WORKS

easyfundraising partners with over 8,000 brands who will donate part of what you spend to a cause of your choice. It won't cost you any extra. The cost is covered by the brand.

### GET STARTED

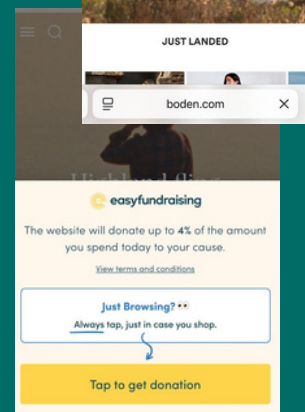
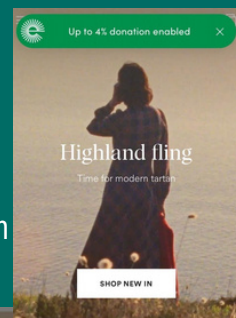
#### How to support Lytham C of E Primary School PTFA

- 1 **Sign up**  
Provide us with a few details to set up your profile with easyfundraising.
- 2 **Download our browser extension**  
Our Donation Reminder plug-in pops up automatically when you shop to let you know when a donation is available.
- 3 **Track your donations**  
You'll be able to see how much you've raised in your account and we'll send updates on when Lytham C of E Primary School PTFA gets paid.

## A quick & easy guide!

It couldn't be simpler, it really is hassle free donating!

1. Download the app
2. Every time you shop on a website, this banner appears to enable the donation
3. Just click it, and the retailer will do the rest for you!



**Any questions - we're happy to help at**

[ptfa@lytham.lancs.sch.uk](mailto:ptfa@lytham.lancs.sch.uk)

### Affordable Pre-Loved Uniforms – Supporting Every Family

The PTFA is proud to offer a range of pre-loved school uniform through our Uniformerly page, helping families save money while promoting sustainability.

#### What's Available:

Non-branded items – Free of charge

Jumpers & Cardigans – £5

Blazers – £10

Ties - £1.50

Book Bags - £2.00

Items with minor marks or damage are listed at half price, and everything is sent home with your child for convenience.

**How to Order:** Browse online and place orders easily. You can even set up alerts to be notified when new items are listed.

**Peace of Mind:** If you receive something you're not happy with, just get in touch—refunds are available, no fuss.

**Need support?** If you're finding it difficult to purchase uniform, please speak to your child's teacher. Alternatively, you can email us at [ptfa@lytham.lancs.sch.uk](mailto:ptfa@lytham.lancs.sch.uk) and we'll work with the school to ensure support is provided discreetly.

**Want to Donate?** If you have uniform to donate, simply drop it into the collection bin in the school office. Every item helps another family and keeps good clothing out of landfill.

Let's work together to make sure every child has what they need to feel confident and comfortable at school.